

[Can conflict and polarisation be a doorway into growth and connection? A hands-on training for transforming inner and outer challenges into empowerment and discovery.](#)

Resources recommended by workshop facilitator Irina Feygina

Irina's work:

- [Climate Change Inaction and Relationship](#), in Process Work Institute, by Irina Feygina
- [System Justification, the Denial of Global Warming, and the Possibility of "System-Sanctioned Change"](#), in Personality and Social Psychology Bulletin, by Irina Feygina, J. Jost and R. Goldsmith
- [Responding to Climate Change Skepticism and the Ideological Divide](#), in Michigan Journal of Sustainability, by Jessica M. Santos and Irina Feygina
- [Social Justice and the Human–Environment Relationship: Common Systemic, Ideological, and Psychological Roots and Processes](#), in Social Justice Research, by Irina Feygina
- [Understanding and countering the motivated roots of climate change denial](#), in Current Opinion in Environmental Sustainability, by Irina Feygina
- [11th Annual Psychology Day at the UN: A report](#), in The Shrinking Couch, by Nivida Chandra

Introduction to Processwork (websites, articles and videos):

- [Amy and Arny Mindell's Introduction to Process-Orientated Psychology](#)
- [Lane Arye's Introduction to Process Work](#)
- [Kate Sutherland, Process Oriented Psychology](#)
- [Good Therapy's Introduction to Process Oriented Psychology](#)
- [The world in here and out there: Processwork facilitation as therapy and as worldwork, by Iona Fredenburgh and Leah Bijelić](#)

Deep Democracy and the process-oriented approach to organizational and political processes:

- [Amy and Arnold Mindell on Deep Democracy and Worldwork](#)
- [From Conflict to Community – A Deep Democracy and Process Work Approach, by Gill Emslie](#)
- [Worldwork Seminars - an introduction to Worldwork and Deep Democracy](#)

Processwork books:

[International Association of Practitioners of Process Oriented Psychology - a reading list](#)